



GOVERNMENT
OF MALTA



Your next chapter **starts** with ALMA - **Live and work** in Braga, Portugal.

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[APPLY HERE](#)

ALMA – which stands for *Aim, Learn, Master, Achieve* – is a European Union initiative designed to support young people aged 18 to 29 who are currently not in employment, education, or training (NEETs). The programme offers a fresh opportunity for those who may have faced barriers to entering the workforce or further education – whether due to personal, social, or structural challenges such as limited access to resources, long-term unemployment, disability, or a migration background.

ALMA empowers participants through targeted training, work experience abroad, and tailored support, enabling them to build confidence, develop skills, and take meaningful steps toward their future.

Eligibility Criteria:

- Not in employment, education or training at the date of application
- Age 18 – 29 at the date of application
- Maltese or EU national residing in Malta or Gozo
- Selected trainees for mobility must provide a doctor's certificate (dated June 2026) confirming their fitness to work and travel.



Co-funded by
the European Union



What's in it FOR ME?



Personalised Training

90 days of skill-building sessions and hands-on activities in Malta.



Travel and Insurance

Flights and full insurance coverage during your mobility.



Real Work Experience

Professional placement in an EU country to gain practical experience.



Accommodation and Transport

Living arrangements and transport fully provided.



Supportive Environment

Guidance from experienced Jobsplus staff and dedicated mentors along the journey.



Career Support Services

Career-focused insights and professional development.

And that's **not** all...

Participants will also receive a **financial allowance** for the training and mobility phases!

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