

## Award in Dementia Care and Awareness

### Applying for this course:

To apply for this course, you should have completed compulsory schooling up to 65 years of age, and who hold and MQF Level 3 in Health and Social Care or equivalent. In case of any difficulties regarding the entry requirements kindly contact us on [ga.jobsplus@gov.mt](mailto:ga.jobsplus@gov.mt).

### Course Duration

This course is of 9 hours duration (including 1-hour assessment) and consists of one Module.

### General pedagogical guidelines and procedures for this course:

The delivery of this Course will be mainly held through a series of classroom discussion. The trainer will also be holding lessons with the learners which will consist of various presentations, including demonstrations.

This course can also be delivered online. In such cases, the learner is required to have a working camera and a working microphone.

### General assessment policy and procedures for this course:

The learner will be assessed through a written assessment, which will assess his/her grasp of the material discussed in class and any further material explored during self-study. The pass mark is 45%. Weighting is 100% since it is the only type of assessment.

### Module 1 Learning Outcomes- **Dementia Care and Awareness**

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| <ul style="list-style-type: none"><li>✓ Be responsible for preparing activities of daily living for patients suffering from dementia</li><li>✓ Deal with challenging behaviour with empathy</li><li>✓ Be responsible for modifying the environment for the comfort and safety of patients</li><li>✓ Be responsible for promoting quality of life and cognitive stimulation</li><li>✓ Deal with end-of-life considerations and provide palliative support</li><li>✓ Be responsible for educating and supporting family members when possible</li><li>✓ Create a supportive community for dementia care</li><li>✓ Define what dementia is and identify the different types of dementia</li><li>✓ Identify the different symptoms and stages of dementia</li></ul> | <ul style="list-style-type: none"><li>✓ Identify the different risk factors associated with dementia and list prevention strategies</li><li>✓ List ways on how one can build trust and rapport with patients suffering from dementia</li><li>✓ Identify emotional and behavioural changes of patients who suffer from dementia</li><li>✓ Identify techniques for self-care for caregivers</li><li>✓ Distinguish signs of dementia from normal aging through patient observation and reporting.</li><li>✓ Use appropriate verbal and non-verbal communication strategies when engaging with individuals living with dementia.</li><li>✓ Facilitate supportive interactions among patients, families, and care teams to promote dementia-inclusive environments.</li><li>✓ Respond to challenging behaviours in dementia care with empathy and de-escalation techniques.</li></ul> |
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**Module Assessment:**

The learner will be assessed through the Written Assessment, in the form of a multiple-choice questions, which will take place at the end of the module. The pass mark for this assessment is that of 45%.

Weighting is 100% since it is the only type of assessment.