




GOVERNMENT  
OF MALTA



# ALMA - aim, learn, master, achieve

PARTICIPANTS'  
FAQs



ALMA is a comprehensive three-month programme designed to equip participants with essential skills, knowledge, and hands-on experience in preparation for a two-month work placement in a European country. The programme includes structured training, mentorship, a language course, and career support services to enhance career development and professional growth.

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the European Union



## What's in it FOR ME?

01. Gain skills through training and development
02. Receive mentorship and personalised guidance
03. Improve communication with a language course
04. Access career support services
05. Build confidence and get hands-on work experience
06. Experience cultural exposure abroad

# PARTICIPANTS'

## FAQs

### General Information

#### Who is eligible to apply?

ALMA is open to individuals aged 18–29 who are unemployed, not in education or training, residents of Malta and Gozo, and interested in exploring career opportunities.

### Application Process

#### How do I apply for ALMA?

You can apply online [here](#) or submit the ALMA letter of application by post to:

Jobsplus Head Office,  
Jobseeker Services Division (Room 15),  
Birżebbuġa Road, Ħal Far,  
BBG 3000

Alternatively, you may request and hand in your application at any Jobsplus regional hub. For details on regional hubs, visit: <https://jobsplus.gov.mt/help-hub>.

#### What documents are required with the application?

Applicants must submit a copy of a valid ID card (front and back) or proof of residence in the Maltese Islands.

#### What is the deadline for the application?

The application deadline is Friday, 2nd May 2025. Applicants are encouraged to submit their forms well in advance to allow time for processing.

### Training Details

#### What topics are covered in the training?

The training covers soft skills, independence skills, life skills, a basic Spanish language

course and mentoring. It focuses on experiential and non-formal learning through both indoor and outdoor activities.

#### Is attendance mandatory?

Yes, attendance is essential for participants to gain the full benefits of the program.

#### How long does the training last?

The training runs from 1st June 2025 to 31st August 2025, Monday to Friday, for 20 hours per week, including non-formal training, language course, and mentoring.

#### Where will the training take place?

Training will be held in different set-ups, both indoor and outdoor.

#### Will participants receive financial support during training?

Yes, participants can receive up to €1,345 for 252 hours of training, subject to attendance and other terms and conditions.

#### How many participants will be selected for training?

Up to 25 participants will be selected based on their readiness for the programme.

#### Is there support for participants who are not selected for mobility?

Yes, participants who complete the training but are not selected for mobility will receive career guidance and further upskilling opportunities.

#### Will I receive a certificate upon completion?

Yes, participants who successfully

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complete the training program based on 80% attendance will receive a certificate to enhance their CV and job applications.

### **Mobility**

#### **Does ALMA offer work placement opportunities abroad?**

Yes, ALMA provides participants with the opportunity to gain work experience in another EU country, enhancing their professional skills, and expand their career prospects.

#### **What does the mobility program include?**

The mobility program consists of a 360-hour work placement in Barcelona, Spain, along with mentoring, a basic language course, and cultural activities.

#### **How many participants will be selected for the mobility program?**

A total of 10 participants will be selected, ensuring they are fully prepared for the experience.

#### **What type of work placements are available?**

Mentors will help participants identify their skills, prepare their CVs, and explore suitable work placements aligned with their abilities and educational background.

#### **Will there be support during the mobility?**

Yes, participants will be supported by two dedicated mentors throughout the two-month experience in Spain. Additionally, transnational partners will provide further mentoring and guidance as needed.

#### **Will participants receive financial support during mobility?**

Yes, participants will receive an allowance of €1,922 to cover food and personal expenses during their stay.

#### **Are flights, travel insurance, accommodation, and transport costs covered?**

Yes, Jobsplus will cover flights, travel insurance, accommodation, and transport during the mobility period.

#### **Can I apply only for the mobility program without completing the training?**

No, participants must successfully complete the training before they can take part in the two-month work placement in Barcelona.

### **Post-Mobility Support**

#### **What happens after completing the mobility?**

Participants will continue to receive career guidance, job placement assistance, and networking opportunities with employers and industry professionals to help them secure employment or further education.

#### **Will I receive a certificate upon completion?**

Yes, participants who successfully complete the mobility program will receive a certificate to enhance their CV and job applications.



Have **any** other  
**Questions?**



**Contact** us today  
to **Learn** more.

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**Website:** [jobsplus.gov.mt](http://jobsplus.gov.mt)

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